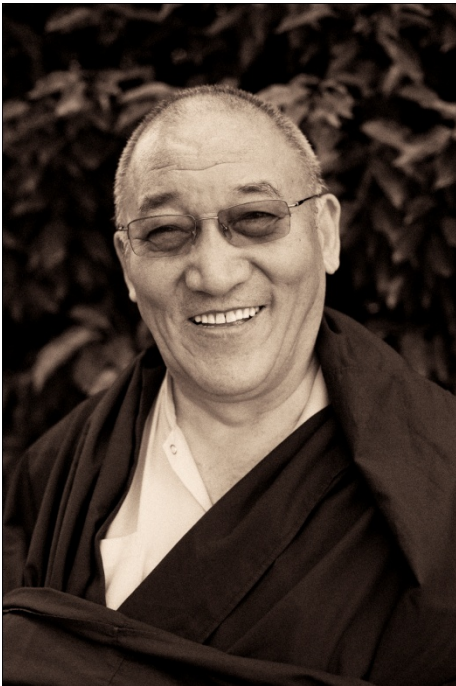


PUBLIC TALK

Tibetan Buddhist Master

His Eminence Ayang Rinpoche



Friday March 12, 2010

7:00 - 9:00 pm

Facing Death with Confidence:
A Buddhist Introduction to the mind
at the time of death and in the
intermediate state

Ayang Rinpoche has traveled the world teaching "Phowa", an ancient Tibetan practice that employs breathing and visualization techniques used at the moment of death. Rinpoche teaches on death and dying and how best to help someone die a peaceful death regardless of their spiritual orientation.

Venue: Golden Bridge Yoga
253 Centre Street
(between Grand St. and Broome St.)
New York, NY 10013-3214
<http://www.goldenbridgeyoganyc.com>

For information or to request a private interview with Rinpoche,
call Izabell @ 718-938-5293.