

About Ayang Rinpoche's Teaching

One of the pioneers of the spread of Tibetan Buddhism throughout the world, His Eminence Choje Ayang Rinpoche, the wisdom emanation of Tertön Rigzin Choegyal Dorje, has long been recognized as the pre-eminent Phowa Master living in the world today. After leaving Tibet in 1959 at the age of 17 he was requested to teach internationally by HH Dalai Lama, HH 16th Gyalwang Karmapa, and HH Dudjom Rinpoche.

He teaches in English, in a characteristically clear, warm and compassionate manner. His teachings are always fully comprehensive, with precise and detailed meditation instructions that enable any student to engage confidently with high-level teachings. It is common for students to have powerful and transformative experiences that deeply enrich their spiritual lives simply through being in Rinpoche's presence, and also by hearing his voice, for which he is famous.

Venue:

All events are held at:

The Amitabha Foundation,
79 Edgeworth David Ave.,
Waitara.

Travel:

Parking is available in the grounds. Or take the train and walk 10 minutes from Waitara station or a \$10 (approx.) taxi from Hornsby.

Cost:

All our events run on a donation basis. While we suggest appropriate levels of donation based on our costs, we welcome all interested students and the public regardless of financial circumstances.



Amitabha Foundation (Australia)

79 Edgeworth David Ave., Waitara, NSW

For further information

Tel: Jane Crancher 02 8250 5213 or 02 9487 7404

Email: amitabhafoundationau@gmail.com

www.amitabhafoundation.metta.org.au



His Eminence

Choje Ayang Rinpoche

Sydney 2009

Friday December 11 – 7pm Public Talk
Introduction to Tibetan Buddhism

December 12 – 15
10-levels Buddha Amitabha Practice

Saturday December 19
Introduction to the True Nature of the Mind



Public Talk

Introduction to Tibetan Buddhism

Friday 11 December 7pm

Suitable for those interested in finding out more about this unique and powerful Buddhist tradition, as well as for more experienced students who will benefit from hearing a senior Master of the tradition offer a clear, profound and practical overview of the entire path.

FREE. No prior booking needed.

10-Levels Buddha Amitabha Practice

*Saturday 12 Dec 2pm ~ Sunday 13 Dec 9am, 2pm
Monday 14 Dec 7pm ~ Tuesday 15 Dec 7pm*

Full teaching schedule available on our website or by request (phone or email us.)

This rare teaching offers a particularly valuable practice for those with devotion to Buddha Amitabha and the aspiration to achieve rebirth in his Blissful Pure Land – Dewachen or Sukhavati. It is a complete path to enlightenment that offers the practitioner every level of practice available within the Tibetan tradition while focusing consistently on only one Deity. The practice starts with Pure Land visualization and then develops through each of the 10 levels of tantra to the union of development and completion stage through dream yoga and clear light meditation. Rinpoche's clear instructions enable both new and experienced students to undertake this practice with confidence.

All students will receive practice texts, written guidelines and recordings of the teaching and practice which they can use at home. Regular practice will also be held at Rinpoche's Centre

in Waitara, enabling students to deepen their understanding and to practise in a supportive environment.

By donation. (We suggest \$300.) Please notify us if you plan to attend so we can ensure enough practice materials are made available. No deposit needed.

Introduction to the True Nature of the Mind

Saturday 19 December

Rinpoche teaches from the highest traditions of Tibetan Buddhism: the Mahamudra and Dzogchen instructions on how to work directly with the awareness itself in a way which brings all the ordinary experiences of the mind (thoughts, emotions etc) onto the spiritual path. Rinpoche is known for his extraordinary ability to give these teachings in a concise, direct and vividly clear way.

This method, if practised with diligent devotion, can bring the practitioner to full realization more quickly and easily than any other practice. A prior interview with Rinpoche is necessary before receiving the teaching – please contact us to schedule a time. Students who have not completed their Ngondro (Preliminary Practices) are also required to do so within three years, or else to complete 400,000 long Vajrasattva mantras, after receiving the teaching.

By donation (We suggest \$120) If you wish to attend, please contact us to arrange an interview time. Interviews held day and evening Weds Dec 16 – Friday Dec 18.

Rinpoche's Other Activities

Known for his active compassion as well as for the depth of his realization, Rinpoche is the founder and Spiritual Director of the Amitabha Foundation, with branches in many countries dedicated to charitable and development projects supporting impoverished people in India, Nepal and Tibet. He has recently re-established his monastery in Tibet, and has founded monasteries, nunneries, temples and retreat centres in India and Nepal.

More details: www.ayangrinpoche.org

About Amitabha Foundation, Sydney

Ayang Rinpoche's Sydney Centre offers introductory meditation classes and drop-in public meditation sessions for all – Buddhist and non-Buddhist alike. We also run practice and study groups in a friendly discussion-group format for those interested in taking their interest in the Dharma further.

We support small business, women's health and education projects in remote far east Tibet (Kham) and run a successful sponsorship scheme for Tibetan refugees in India.

Actively involved in our local community, we make our hall available to a variety of other religious and neighbourhood organizations. We welcome enquiries from groups and teachers interested in using our facilities.

Please check our website or contact us directly for further information:

www.amitabhafoundation.metta.org.au
Email amitabhafoundationau@gmail.com
Tel (02) 8250 5213 or (02) 9487 7404
Contact person: Jane Crancher