

**DAILY SCHEDULE OF 10 LEVELS BUDDHA AMITABHA AND TRUE NATURE OF MIND
TEACHINGS BY H.E. AYANG RINPOCHE IN SYDNEY FROM DECEMBER 11 – 20 2009**

Fri December 11	7pm	Public Talk: Introduction to Tibetan Buddhism
Sat December 12	9am 2pm	Buddha Amitabha Empowerment Preparation by Rinpoche Buddha Amitabha Empowerment
Sun December 13	9am 2pm	Level I: Teaching and practice on visualization of Buddha Amitabha and Pureland Level II: Buddha Amitabha Teaching and practice on the Way of Accumulating Merit Level III: Buddha Amitabha Teaching and practice according to the way of Sutra Level IV: Buddha Amitabha Teaching and practice according to the Way of Kriya Tantra Level V: Buddha Amitabha Teaching and practice according to the Way of Charya Tantra Level VI: Buddha Amitabha Teaching and practice according to the way of Yoga Tantra Level VII: Buddha Amitabha Teaching and practice according to the Way of the Father Tantra All these levels are using the Buddha Amitabha Short Sadhana Practice.
Mon December 14	7pm	Level VIII: Buddha Amitabha Teaching and practice of according to the Way of Mother Tantra Level IX: Buddha Amitabha Long Life teaching and practice. Level X: Union of the development stage and completion stage practice through Buddha Amitabha Dream Yoga meditation and Clear Light meditation. Pureland Long Aspiration Prayer
Tues December 15	7pm	Buddha Amitabha Tsok Offering Puja Pureland Long Aspiration Prayer
Weds Dec 16	2pm 7pm	True Nature of Mind Interview (15 minutes per person) True Nature of Mind Interview
Thursday Dec 17	9am 7pm	True Nature of Mind Interview True Nature of Mind Interview
Friday Dec 18	2pm 7pm	True Nature of Mind Interview True Nature of Mind Interview
Sat Dec 19	9am 4pm	True Nature of Mind Teaching Refuge
Sun Dec 20		Rest Day