

**DAILY SCHEDULE OF PHOWA COURSE BY H.E “CHOEJE” AYANG
RINPOCHE IN SAN SEBASTIAN, SPAIN FROM NOV 25 - DEC 3, 2009**

Nov 25/2009	5.30 pm	Introduction to Phowa
Nov 26/2009	9.00am	Buddha Amitabha Empowerment preparation
	2.00pm	Buddha Amitabha Empowerment
Nov27/2008	9.00am	Phowa Teaching
	2.00pm	Phowa Teaching
	5.300pm	Phowa Teaching
Nov 28/2009	9.00am	* Phowa Lung (Oral Transmission blessing)
	2.00pm	Phowa Practice
	5.30pm	Phowa Practice
Nov 29/2009	9.00am	Buddha Vajrasattva Teaching
	2.00pm	Nyingma Phowa Practice
	5.30pm	Drikung Phowa Practice
Nov 30/2009	9.00am	* Three Excellences Teaching
	2.00pm	Nyingma Phowa Practice
	5.30pm	Drikung Phowa Practice
Dec 1/2009	9.00am	*Buddha Amitabha Meditation Teaching
	2.00pm	Short Nyingma Phowa Practice
	5.30pm	Buddha Amitabha and Buddha Vajrasattva short meditation Teaching
Dec 2/2009	9.00am	Teaching on doing Phowa for others at the moment of death
	2.00pm	* Milarepa Tsog Offering Prayer
	5.30pm	Short Drikung Phowa Practice
Dec 3/2009	9.00am	Teaching on doing Phowa for oneself at the moment of death. Instruction on regular Phowa practice after the course.
	2.00pm	* Buddha Amitabha Tsog Offering and Buddha Amitabha Pureland Aspiration Prayer

- **Indicates- Open to Public**