

## H. E. "CHOEJE" AYANG RINPOCHE Returns to bestow

- THE MILAREPA EMPOWERMENT
- BUDDHA AMITABHA EMPOWERMENT
- BUDDHA AMITABHA PURELAND –  
A SADHANA RECITATION OF MAHA SUKHAVATI  
VISUALIZATION & EXPLANATION

## 尊貴的安陽仁波切 主持和教授

- 密勒日巴灌頂法會
- 阿彌陀佛灌頂法會
- 阿彌陀佛靜土祈請文、觀想與解釋



The Amitabha Foundation is dedicated to help anyone who wishes to learn about the one inevitable event of every sentient being – death.

On the surface it may seem to be a morbid subject that people may not want to deal with. Some may not even want to think about it. But according to H. E. Ayang Rinpoche's comment "if one knows how to die, then one will truly know how to live this life to the fullest without wasting any time on frivolous activities."

H. E. Ayang Rinpoche is a worldwide renowned Phowa (transference of consciousness at the time of death) Master, who is dedicated to clarifying the precious teachings used to attain enlightenment at the moment of death.

Phowa is a practice method given to us through Guru Rinpoche who was the emanation of Buddha Amitabha. It was through Buddha Amitabha's supreme compassion to all sentient beings that he created Dewachen (pureland) where sentient can attend to his pureland bearing karma. Having reached Dewachen, then this sentient being will never run the risk of being reborn in the lower realms again and to be engaged in practice until enlightenment is achieved.

Over the years, Ayang Rinpoche has taught the Phowa practice, 10 levels of Buddha Amitabha practice, higher level Vajrasattva practice and the transmission of True nature of mind.

This time he will teach from "A Sadhana Recitation of Maha Sukhavati" A mind treasure from the profound whispered lineage of the space Dharma. (Maha Sukhavati = great Dewachen or Buddha Amitabha pureland.)

He will go into some of the details of how we should supplicate to the Dharma protectors, how we should prepare our mind in the aspiration to go to Dewachen at the time of our death and how to visualize Dewachen while we are engaged in the recitation of this Sadhana.

The Whispered Lineage:

Although Lord Marpa had many heart sons who were worthy disciples, he did not give them

the oral instructions of the hearing lineage. In accord with the prophecy of Naropa, Marpa gave Jetsun Mila the abhiseka, oral instructions, and auxiliary teachings of the dakini hearing lineage of Chakrasamvara, and finally completed these with the further secret command-seal teachings. Moreover, having given him these many instructions, Marpa sang this song extolling the greatness of the hearing lineage:

*Although everyone has a lineage,  
If one has the dakini's lineage, that is it.  
Although everyone has forefathers,  
If one has Tilopa, that is it.  
Although everyone has a guru,  
If one has Naropa, that is it.  
Although everyone has oral instructions,  
If one has the hearing lineage, that is it.  
Although everyone attains enlightenment by meditating,  
If one becomes enlightened without effort in meditation, that is it.*

Thus Marpa sang.

Jetsun Mila (Milarepa) said, "Our lineage and oral instructions are greatly renowned in all of India and Tibet. Therefore, precious guru, your fame in Tibet is no different than that of the lineage forefathers. Lord, because of your powerful longing and devotion for the gurus and your Buddha activity, you yourself must also be renowned as a precious guru in India.

The guru replied, "There's no need to speak of the great fame of my lineage and oral instructions in India, and as you have said, I am renowned for my great devotion to the guru."

Because he could not help but proclaim these essential truths, Marpa sang this song:

*Why shouldn't my lineage be famed,  
Since we possess the dharma eye of the dakinis.  
Why shouldn't the forefathers be famed,  
Since Tilopa is no one other than the Buddha.  
Why shouldn't my guru be famed,  
Since Naropa is a torch of dharma.  
Why shouldn't I be famed,  
Since I am the only heart son of Naropa.  
Why shouldn't the oral instructions be famed,  
Since this wish-fulfilling jewel of the hearing lineage  
Is the special dharma that no one else possesses.*

Thus Marpa sang.

Jetsun Mila received this hearing lineage, the special dharma that no one else possesses. Like a vase that is filled from another, Mila received Jetsun Marpa's oral instructions and so his mind was satisfied. As a result of all this, the sun of the Buddha's teachings rose in the snowy mountain ranges of Tibet. The dark ignorance of all sentient beings was dispelled as the light of wisdom illumined the day.

So this Sadhana is directly from Marpa and through the great Milarepa this tradition is transmitted to us.

During this retreat H. E. Ayang Rinpoche will bestow The Milarepa and Buddha Amitabha empowerment.

At the end of the teaching we will show our gratitude to Buddha Amitabha by practicing

Tsog offering prayer to Buddha Amitabha.

| <b>Course Schedule - Oct. 24 to 28, 2008</b> |  | <b>課程表 - 10月24日至10月28日</b>  |                               |
|--|--|---|-------------------------------|
| Oct 24 (Fri)<br>10月24日(星期五)                  | 7pm – 9pm                              | Public Talk on Phowa and Bardo<br>Free of Charge                        | 免費公開講座 - 破瓦法和中陰救渡             |
| Oct. 25 (Sat)<br>10月25日(星期六)                 | 2pm – 5pm                              | Milarepa Empowerment  | 密勒日巴灌頂                        |
| Oct. 26 (Sun)<br>10月26日(星期日)                 | 2pm – 5 pm                             | Buddha Amitabha Empowerment   | 阿彌陀佛灌頂                        |
|  | 7pm – 9pm                              | Teaching on Buddha Amitabha –<br>A Sadhana Recitation of Maha Sukhavati | 教授阿彌陀佛靜土<br>祈請文、觀想與解釋         |
| Oct. 27 (Mon)<br>10月27日(星期一)                 | 9am– 12 noon<br>2pm – 5pm<br>7pm – 9pm | - Continue Teachings -  | - 繼續教授 -                      |
| Oct. 28 (Tue)<br>10月28日(星期二)                 | 9am– 12 noon<br>2pm – 5pm<br>7pm – 9pm | - Continue Teachings -<br>Amitabha Tsog Ceremony<br>Phowa Practice      | - 繼續教授 -<br>阿彌陀佛蒼供<br>破瓦法共修練習 |

***Tashi Jamyangling, a professional and experienced Dharma Translator,  
will translate this auspicious teaching from Tibetan to English.***

### **Suggested Donations**

Full Course Including Two Empowerments :

Pre-registration before October 1 : \$180      After October 1 : \$220

Per day : \$70      Per session : \$30

Per Empowerment : \$50

Maha Sukhavati Text : \$10

The Sadhana consisting 164 pages has been used in the past for our Phowa and Amitabha 10 level retreats.  
Please advise before Oct. 15, if you need the Sadhana.

### **Amitabha Tsog Ceremony**

Free of charge and open to the public. Please bring a vegetarian food offering  
or \$10 with your registration for the organizers to purchase on your behalf.

### **建議收費**

全課程包括兩個灌頂：

10月1日前登記：\$180      10月1日後登記：\$220

每日：\$70      每節：\$30

每個灌頂：\$50

阿彌陀佛靜土祈請文法本：\$10

共164頁，曾用於破瓦法會和阿彌陀佛十部閉關。如須要法本，請於10月15日前通知。

### **蒼供**

公開免費法會。請素食作供品。舉辦者可代辦供品，建議收費\$10。

**Website : [www.ayangrinpoche.org](http://www.ayangrinpoche.org)**

**Venue :** Amitabha Foundation, 4025 Triumph Street, Burnaby

**Registration :** [amitabhafoundation.vancouver@gmail.com](mailto:amitabhafoundation.vancouver@gmail.com)

**Enquiry :** Lorna 604-618-2982 or Lena 604-202-3366

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### **Fund Raising Dinner on October 29, Wednesday 7pm**

**籌款晚譙 - 為仁波車在印度和尼泊爾建廟籌辦經費**

**Fundraising for Rinpoche's Temple Construction Projects in India and Nepal**

**Ticket \$55 per person.**

**Please contact Patti 604-307-6038 or Lee 604-644-6893 for further**